

# The Winner

December 2013

Volume 14, Issue 3

**Special  
Olympics  
Maryland**  
St. Mary's County



## Hello, Team Maryland!

Our athletes that are headed to New Jersey for USA Games in 2014 are staying in shape with the help from The MOG (Medically Oriented Gym). The MOG has worked with Special Olympics to ensure that our athletes are in tip-top shape before the big games. The MOG has special workouts for each of our athletes that pertain to their specific sport.

A **BIG** thank you to Leonardtown High School and their Best Buddies chapter for hosting our first fundraising event for USA Games. We raised \$265.00 from a 50/50 raffle at an LHS football game. Check for more information on future fundraising for USA Games.



**HAVE YOU CHECKED OUT OUR FACEBOOK PAGE?**

### MEMO

Registrations for all sports is a requirement – not a nice to have. We will be setting up an on-line method. We will send out registrations for the summer and fall sports in April. Look for updated information on the new way to register!

#### HIGHLIGHTS

- > **Basketball Season Info**
- > **Winter Sports Info**
- > **Update on Medicals**
- > **Fall Sports: “Fan”tastic**
- > **Registrations for:**
  - Winter Sports
  - Spring Sports

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#### Visit our Web Site

[www.StMarysSO.org](http://www.StMarysSO.org)

#### Need more info?

[somdsmc@md.metrocast.net](mailto:somdsmc@md.metrocast.net)

# 2014 Winter Sports Training



## SNOWSHOE

Starts: Thursday, January 9, 4:30-5:30 pm at Leonard Hall Drill Hall  
Practices are held every Thursday afternoon  
Time Trials: February 9, 2014 — REQUIRED for state games  
State Tournament: February 24-25

## SKIING

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## BASKETBALL

Full Court Team Practice on Saturdays:  
Presbyterian Church, Town Creek Drive  
8-9:30am Ridley Team  
9-10:30am Bewick Team  
10-11:30am Hill Team  
11-12:30pm Russell Team

STARTS on January 11



**Send in your Registration  
Immediately or send us an  
email!!!**

Half Court at Green Holly Elementary: STARTS on January 11  
Saturday: 8 am Fondren, Shepherd, Latham teams  
10 am Youth teams; Youth and Adult skills

Tuesday: SIDE A—6:30-8 pm Bald and Huseman Teams STARTS on January 7  
SIDE B— 6:30-7:30 Hagen and Player Development

March 1 or 8: Required Qualifier for 3v3 and Player Development  
March 22: State Competition for 3v3 and Player Development  
March 23: State Competition for 5v5 teams

## Spring Sports

Looking ahead to spring sports training and competition schedules.

## Aquatics, Track & Field, and Bocce

**Send in your Registrations during January**  
**Registrations enclosed in this newsletter**

## Cycling in 2013

Our cyclists did amazing at the Fall Sports Fest. 19 athletes from St. Mary's County participated. 15 of these athletes walked away with gold medals. These gold medalists included Joshua Fondren, Liam Maupin, Ashley Stein, Cassidy Stein, Andrew Thompson, and Phyllis White. All of our athletes held their heads high and displayed great levels of sportsmanship.

Great job to all of our cyclists this season.

Look for Amanda Lowe, representing St. Mary's County, in the USA Games!



## Soccer Athletes Soar

Our soccer athletes had a blast at both the event hosted at Chaptico Park and at the Fall Sports Fest in Fruitland, MD. Congratulations to all athletes, coaches, and volunteers that helped make this year a success!



# Fundraisers 2013



## Prediction Race 2013 Results

Thanks to everyone who turned out for the Annual Chesapeake Bay Running Club's Thanksgiving Prediction Run/Walk and 5K Race in November !


Over \$2000.00 was raised for Special Olympics St. Mary's County with approximately 218 participants. The event featured a traditional 5k run, a 3.1 mile fun walk/run and the Prediction Race, which is won by the runner who comes closest to finishing their race in the time that they predict before the race.

This year several of our athletes and families participated. Start planning now for next year. We want to improve our athlete participation.



*Thanks to the Sponsors of  
The 21st Annual Golf Tournament*

*Advantica / Cigna  
RJ Princinsky,  
Curtis Tire Center,  
Knights of Columbus #1470,  
and PNC Bank*



*to Benefit The Center for Life Enrichment and  
Special Olympics St. Mary's County*

With over 120 golfers, many hole sponsors, 12 major sponsors and over 100 door prizes and auction items, this year's Golf Tournament was once again a huge success. The weather cooperated, the food was fabulous and the golfers enjoyed the course at Wicomico Country Club.

Special Olympics St. Mary's County received over \$7500 from the proceeds. A special thanks to Debbie Hammann who donated the entire cost of food.

Special thanks to Patty and everyone at Wicomico, the Staff at the Center for Life, all the volunteers who brought in sponsors and prizes and especially to all the golfers who came out to support this worthwhile endeavor.

### What does it mean to be a



### member agency?

By being a Member Agency, we enjoy the recognition of the respected United Way program, plus they handle all of the promotions and paperwork for the United Way Campaign. Then they send us the check!

It is also a forum for us to get to know other non-profit organizations, share information and ideas and receive valuable information about what is going on in our county in terms of fundraising and support for citizens in need.

We proudly display the United Way logo on all of our promotional pieces.

# Track and Field

<b>Name:</b>		<b>Date of Birth:</b>	
Address: (Street)			
City:		Zip:	
Home Phone: _____		Work Phone: _____	
Cell Phone: _____		E-mail: _____	
<b>Current School/Agency:</b>		<b>Grade:</b>	<b>Teacher:</b>
List any special needs:		Shoe Size:	Shirt Size:    Pant/Short Size:
<b>Parent/Guardian Signature:</b>			

**PLEASE RETURN REGISTRATION IMMEDIATELY TO:**

Terrie Carter at The Center for Life Enrichment  
 Connie Thompson, 22257 Bayside Road, Leonardtown, MD 20650

Your Classroom Teacher  
 Special Olympics - Metro - Green Holly

## **IS YOUR MEDICAL or VOLUNTEER APPLICATION UPDATED?**

**Medicals must be submitted prior to the beginning of a season. If an updated medical is not on file, an athlete cannot participate in any sport.**

**MEDICALS UPDATE:** Any medical without a page 3 (Housing and Concussion Forms and Signatures) will expire on January 15, 2014. A new medical will have to be obtained to participate in any Special Olympics sports training and competition. We have a list of affected athletes and volunteers. We will be reaching out to you in the next 2 weeks to obtain the appropriate page 3. If we obtain the page 3, then the medical's original expiration date is valid.

# Aquatics

<b>Name:</b>	<b>Date of Birth:</b>
Address: (Street)	
City:	Zip:
Home Phone: _____	Work Phone: _____
Cell Phone: _____	E-mail: _____
<b>**Current School/Agency:</b>	<b>Grade:      Teacher:</b>
List any special needs:	Shoe Size:    Shirt Size:    Pant/Short Size:
<b>Parent/Guardian Signature:</b>	

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# BOCCE

<b>Name:</b>	<b>Date of Birth:</b>
Address: (Street)	
City:	Zip:
Home Phone: _____	Work Phone: _____
Cell Phone: _____	E-mail: _____
<b>**Current School/Agency:</b>	<b>Grade:      Teacher:</b>
List any special needs:	Shoe Size:    Shirt Size:    Pant/Short Size:
<b>Parent/Guardian Signature:</b>	

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## Flag Football Dominates Southern Maryland

Flag football coach, Don Bewick, reported that his team played against three unified teams from Howard County, Frederick County and Baltimore Emerge. He noted that touchdowns were scored by first year player, Durrelle Scott, along with veteran players, Larry Mills and Kegan Zimmerman. Players Anthony Cyrus, Avery Long and Branden Chan were recognized by Bewick as having played exceptionally well during the competition. Winning two out of their three games,

the team looked solid, according to Bewick. This team will be representing St. Mary's County in the Team Maryland delegation for the Special Olympics USA Games in June 2014 held in New Jersey. Bewick noted that the mentorship of assistant coaches Marc Rinaldo and Wil Ridley has made a great impact on the cohesiveness of the team. They are looking great for their upcoming USA Games and will continue practicing diligently through June.



[Visit facebook.com to keep updated on Special Olympics, Special Olympics Maryland and Special Olympics St. Mary's County.](https://www.facebook.com/SpecialOlympicsMaryland)



**facebook**

# SNOWSHOE

<b>Name:</b>		<b>Date of Birth:</b>	
Address: (Street)			
City:		Zip:	
Home Phone: _____		Work Phone: _____	
Cell Phone: _____		E-mail: _____	
<b>**Current School/Agency:</b>		<b>Grade:</b>	<b>Teacher:</b>
List any special needs:		Shoe Size:	Shirt Size:    Pant/Short Size:
<b>Parent/Guardian Signature:</b>			

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**RETURN REGISTRATION as soon as possible**

# SKIING

<b>Name:</b>		<b>Date of Birth:</b>	
Address: (Street)			
City:		Zip:	
Home Phone: _____		Work Phone: _____	
Cell Phone: _____		E-mail: _____	
<b>**Current School/Agency:</b>		<b>Grade:</b>	<b>Teacher:</b>
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# BASKETBALL

<b>Name:</b>		<b>Date of Birth:</b>	
<b>Address: (Street)</b>			
<b>City:</b>		<b>Zip:</b>	
Home Phone: _____		Work Phone: _____	
Cell Phone: _____		E-mail: _____	
<b>**Current School/Agency:</b>		<b>Grade:</b>	<b>Teacher:</b>
List any special needs:		Shoe Size:	Shirt Size:    Pant/Short Size:
<b>Parent/Guardian Signature:</b>			

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**REGISTRATION FORM    VOLUNTEER    Special Olympics St. Mary's County**

<b>Name:</b>	
<b>Address: (Street)</b>	
<b>City:</b>	<b>Zip:</b>
<b>Phone: Home</b> _____	<b>Phone: Work</b> _____
<b>Cell Phone</b> _____	<b>E-mail</b> _____
<b>Business/Organization:</b>	
<b>Circle the Sport or Event you wish to help with:</b>	

- |                                  |             |                        |                   |   |
|----------------------------------|-------------|------------------------|-------------------|---|
| <b>SPORTS</b>                    | Basketball  | Skiing                 | Snowshoeing       | Aquatics  |
| Bowling                          | Sailing     | Kayaking               | Cycling           | Equestrian  |
| Golf                             | Softball    | Track and Field        | Bocce             |   |
| <b>FUNDRAISING &amp; SUPPORT</b> |             |                        |                   |   |
| Water Sale (Sept)                | Fundraising | Golf Tournament (Sept) | Spring Games      | Unified Partner in<br>_____ (sport)<br>ALL ages needed! |
| Food Committee                   | Publicity   | Cash Bash (May)        | Local Tournaments |   |

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# Through Your Generosity, Our Athletes Succeed!!

Serving over 300 athletes in St. Mary's County, your local Special Olympics program provides training, equipment, uniforms, transportation, housing and meals at competitions throughout the year - at no cost to our athletes or their families. This is all achieved through the generous donation of time and money by local businesses, charitable organizations, families and individuals. Next time you see one of these folks, be sure to say "Thank You" on behalf of everyone at Special Olympics St. Mary's County.

## FACILITIES, EQUIPMENT & SERVICES

Greenwell State Park

for Equestrian & Kayaking

St. Mary's College of Maryland

Aquatics and Sailing

St. Mary's Recreation & Parks—Bocce, Soccer, Skiing, Snowshoe

St. Mary's County Public Schools

Debbie Hamann, Expressions Catering

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Catering*



Debbie  
Hamann  
410-257-3011

ExpressionsCater@aol.com



All of the St. Mary's County  
Councils who support SOSMC!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 AREA MEETING	5	6	7 Day
8 STATE Bowling	9	10	11	12	13	14
15	16	17	18	19	20	21
REGISTRATION DUE FOR BASKETBALL, SKIING, and SNOWSHOEING.						
22	23	24	25 Merry Christmas!	26	27	28
29	30	31	JANUARY 1 HOLIDAY	2	3	4
5	6	7 Basketball – Adult Teams	8 AREA MEETING	9 Skiing Snowshoe Practice	10	11 Coaches on Snow Training Basketball Begins
12	13	14 Basketball – Adult Teams	15	16 Skiing Snowshoe Practice	17	18 Basketball
19	20	21 Basketball – Adult Teams	22	23 Skiing Snowshoe Practice	24	25 Basketball
26	27	28 Basketball – Adult Teams	29 REGISTRATION DUE FOR AQUATICS	30 Skiing Snowshoe Practice	31	FEBRUARY 1 Basketball
2 BB 5v5 Event in Montgomery Cty	3	4 Basketball – Adult Teams	5 AREA MEETING	6 Skiing Snowshoe Practice	7	8 Alpine On-snow Training Basketball
9 REQUIRED Alpine & Snowshoe Time Trials	10	11 Basketball – Adult Teams	12	13 Skiing Snowshoe Practice	14	15 Basketball
16 BB in Calvert Cty	17	18 Basketball – Adult Teams	19 Basketball School Score Day	20 Skiing Snowshoe Practice	21	22 Basketball
23	24 WINTER GAMES	25 WINTER GAMES Basketball – Adult	26	27	28	MARCH 1 Basketball
2 Swimming Starts	3	4 Basketball – Adult Teams	5 AREA MEETING	6	7	8 BB 3v3 Req'd Qual in Howard County LOCAL BB Skills Competition
REGISTRATION DUE FOR TRACK & FIELD, BOCCE, EQUESTRIAN, SAILING.						
9 Swimming	10	11 Basketball – Adult Teams	12	13	14	15 Basketball
16 Swimming	17	18 Basketball – Adult Teams	19	20	21	22 STATE Basketball 3v3 & Player Dev. Tourn
23 STATE Basketball 5v5 Swimming	24	25	26	27	28	29 Track Starts at Great Mills High School
30	31	APRIL 1	2 AREA MEETING	3 Bocce Starts	4	5 Track Practice

Special Olympics St. Mary's County  
22257 Bayside Road  
Leonardtown, MD 20650

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# Happy Holidays



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